



SPORT SPECIFIC RULES

General Rules that pertain to ALL competitions sanctioned by Special Olympics:

- **No coach** shall be allowed on playing field, court, lanes, rink, etc. during divisioning or competition except for sports having modifications set forth by Special Olympics Georgia. (Example: Softball Team, Soccer Team, and Basketball Team competitions)
- Assistance shall be provided by a volunteer that is working any particular venue.
- Proper uniform clothing / safety equipment shall be worn for ALL competitions. Refer to Sports Rules Book for guidelines.
- No agency shall have an athlete or partner competing in Special Olympics that competes for a middle or high school team in the same sport, during the same season.
- All coaches shall follow the Code of Conduct displayed at www.specialolympics.org or will be dismissed from coaching responsibilities.
- All coaches must dress appropriately on the playing field, court, etc. (Example: Softball Competition – Coaches should wear like uniforms or khaki shorts and team shirt with athletic socks and shoes / cleats.)
- Coaches should represent his / her team in a professional, positive, and encouraging manner.
- **Athletes of the coaches not abiding by these general rules may be eliminated from competition.**

Basketball

- Athletes shall wear matching basketball uniforms with numbers (front and back), socks, and athletic shoes for competition.
- No jeans shall be allowed for competition.
- Athletes shall wear NO jewelry.
- Basketball skills – matching uniforms, socks, and athletic shoes for competition. No numbers are required on uniforms.

Bowling

- Athletes shall wear khaki or colored slacks / shorts / sweat pants with like shirts (polo or nice tee).
- No jeans or cut off shorts (this includes camouflage shorts) shall be allowed for competition.

Floor Hockey

- Athletes shall wear matching uniforms with numbers, socks, and athletic shoes for competition.
- No jeans shall be allowed for competition.
- Athletes shall wear NO jewelry.
- Floor Hockey skills – matching uniforms, socks, and athletic shoes for competition. No numbers are required on uniforms.

Gymnastics

- Proper competition wear is required.

Ice Skating

- Proper competition wear is required.

Powerlifting

- A proper lifting suit is required.
- For specifications of undershirts, undershorts, footgear, belt, wraps, and general, see the Sports Rules Book.

Rollerskating (Speed events)

- Athletes shall wear shorts / sweat pants and matching short sleeved shirts or one piece short sleeved outfits.
- No jeans allowed for competition.
- Helmets and wrist guards are required.
- Kneepads are optional but strongly recommended.
- Athletes must be able to skate independently, with no assistance, unless entered into a Level A event. (NOTE: Volunteers will assist Level A athletes. NO coach will be allowed on the rink.)
- For Artistic Rollerskating, refer to Sports Rules Book for proper uniforms.
- NO Coach shall be on the rink during divisioning or competition.

Revised 11/28/06