

Team Skills Basketball

This event provides meaningful competition for athletes with lower ability levels not ready for Traditional Team Play.

a. Equipment

- 1) Two basketballs (for women's and junior division competitions, a smaller basketball which is 72.4 centimeters [28 1/2 inches] in circumference and between 510–567 grams [18–20 ounces] in weight may be used as an alternative).
- 2) Metric tape measure
- 3) Floor tape or chalk
- 4) Regulation basketball goal (a shorter goal which has its ring 2.44 meters [8 feet] above the floor may be used for junior division competition).
- 5) Score sheets
- 6) Scoreboard

b. Set-up

- 1) Mark five spots around the floor, similar to a 2–1–2 zone defense with players positioned 4 meters (13 feet 1 1/2 inches) apart from each other (see diagram).
- 2) Mark position #5 2 meters (6 feet 6 3/4 inches) from a spot under the front of the goal's ring.
- 3) Teams should submit a roster prior to the start of the game.
- 4) Teams should wear numbered uniforms or shirts.

c. Rules

- 1) The Event Director shall determine how many games should be played. Two five-member teams are positioned on opposite ends of the playing court. Only one team shall conduct a round at a time.
- 2) The game is made up of two halves consisting of five rounds each. Players will be given one opportunity at each of the five positions during the half.

- 3) Each player on the first five-member team attempts to catch the ball and then throw it accurately to the player stationed at the next position.
- 4) The official shall hand the ball to the player in position #1 to begin each round.
- 5) The player in position #1 throws the ball to the player at position #2. The player at position #2 throws the ball to the player at position #3. This sequential throwing rotation continues until the ball reaches the player at position #5.
- 6) Athletes may pass the ball in any manner, but each player must pass in numerical sequence. A bounce pass is allowed provided that there is only one bounce.
- 7) If the ball is thrown past an athlete, the athlete or official may retrieve the ball. However, the athlete must return to his/her position before throwing the ball to the next player. A correct pass is defined as a ball that is thrown within reach of the receiving player.
- 8) When the ball reaches the player in position #5, he/she then attempts a field goal.
- 9) Slam dunks are not permitted. The athlete shall not receive any points if a slam dunk is taken.
- 10) Athletes stationed in position #5 shall only be given one attempt at scoring.
- 11) After the field goal attempt by the player in position #5, the round ends.
- 12) Following the completion of the round by the first team, the second team will conduct their initial round.
- 13) Players shall rotate in numerical sequence to the next position after each round.

- 14) Play alternates between each team following the completion of each round. Once each team has completed five rounds, the first half ends.
- 15) A five-minute halftime intermission follows.
- 16) Teams shall exchange ends of the court following the first half and then complete a set of five rounds at the other goal for the second half.
- 17) Substitutes are allowed into the game only after a round has been completed.
- 18) Coaches shall remain on the sideline which is at least 4 meters (13 feet 11/2 inches) to the side of position #2 and #4. Coaches may give verbal or signed instructions to players. Deaf athletes may receive assistance in positioning.

d. Scoring

- 1) Team receives one point for each correct pass.
- 2) Team receives one point for each successful catch.
- 3) Team receives two points for each successful field goal.
- 4) A bonus of one point is awarded for each complete successful round of passing, catching, and shooting the ball.
- 5) The maximum number of points that can be accumulated by a single team during one half is 55.
- 6) The final team score is determined by adding the scores from each of the 10 rounds.
- 7) The team with the highest score is the winner.
- 8) If the teams are tied at the end of regulation play, additional rounds are conducted. The first team to score more points in a round than its opponent is the winner.

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