



# CYCLING ENTRY FORM



AREA #: \_\_\_\_\_

AGENCY: \_\_\_\_\_

Certified Coach Registered with SOGA: \_\_\_\_\_

Phone Number: \_\_\_\_\_

	ATHLETE'S LAST NAME	FIRST NAME	M or F	DOB	500M TIME TRIAL	1K TIME TRIAL	5K TIME TRIAL	5K ROAD RACE	10K ROAD RACE
1					_____ min	_____ min	_____ min	_____ min	_____ min
					_____ sec	_____ sec	_____ sec	_____ sec	_____ sec
2					_____ min	_____ min	_____ min	_____ min	_____ min
					_____ sec	_____ sec	_____ sec	_____ sec	_____ sec
3					_____ min	_____ min	_____ min	_____ min	_____ min
					_____ sec	_____ sec	_____ sec	_____ sec	_____ sec
4					_____ min	_____ min	_____ min	_____ min	_____ min
					_____ sec	_____ sec	_____ sec	_____ sec	_____ sec
5					_____ min	_____ min	_____ min	_____ min	_____ min
					_____ sec	_____ sec	_____ sec	_____ sec	_____ sec
6					_____ min	_____ min	_____ min	_____ min	_____ min
					_____ sec	_____ sec	_____ sec	_____ sec	_____ sec
7					_____ min	_____ min	_____ min	_____ min	_____ min
					_____ sec	_____ sec	_____ sec	_____ sec	_____ sec
8					_____ min	_____ min	_____ min	_____ min	_____ min
					_____ sec	_____ sec	_____ sec	_____ sec	_____ sec
9					_____ min	_____ min	_____ min	_____ min	_____ min
					_____ sec	_____ sec	_____ sec	_____ sec	_____ sec

- ❖ Cyclist may enter in two (2) events.
- ❖ All bikes and helmets must be inspected on Friday night. See Coaches handbook for more information.
- ❖ Bikes will be stored over night at the inspection site.