



## **SPORT SPECIFIC RULES**

### **General Rules that pertain to ALL competitions sanctioned by Special Olympics:**

- **No coach** shall be allowed on playing field, court, lanes, rink, etc. during divisioning or competition except for sports having modifications set forth by Special Olympics Georgia. (Example: Softball Team, Soccer Team, and Basketball Team competitions)
- Assistance shall be provided by a volunteer that is working any particular venue.
- Proper uniform clothing / safety equipment shall be worn for ALL competitions. Refer to Sports Rules Book for guidelines.
- No agency shall have an athlete or partner competing in Special Olympics that competes for a middle or high school team in the same sport, during the same season.
- All coaches shall follow the Code of Conduct displayed at [www.specialolympics.org](http://www.specialolympics.org) or will be dismissed from coaching responsibilities.
- All coaches must dress appropriately on the playing field, court, etc. (Example: Softball Competition – Coaches should wear like uniforms or khaki shorts and team shirt with athletic socks and shoes / cleats.)
- Coaches should represent his / her team in a professional, positive, and encouraging manner.
- **Athletes of the coaches not abiding by these general rules may be eliminated from competition.**

### **Bocce**

- Athletes shall wear like uniforms: shorts or warm up pants, like shirts, socks, and athletic shoes for competition.
- No jeans shall be allowed for competition.

### **Cycling**

- Bicycle helmets are required.
- Athletes shall wear bicycle shorts or shorts (warm up pants if cold) for competition.
- No jeans allowed for competition.

### **Golf**

- Athletes shall wear khaki or colored slacks / shorts with polo or nice agency t-shirt.
- No jeans or sweat pants allowed for competition.

### **Long Distance Running / Walking**

- Athletes shall wear athletic shorts or warm up pants, t-shirts, socks, and athletic shoes for competition.
- No jeans shall be allowed for competition.

### **Softball**

- Athletes shall wear matching uniforms with numbers, socks, and athletic shoes or softball cleats for competition.
- NO metal cleats allowed.
- No jeans shall be allowed for competition.
- Athletes shall wear NO jewelry.
- Catchers are required to wear facemask, batter's helmet w/earflaps or catcher's helmet, chest protector, leg protectors.
- All batters and base runners are required to wear a batter's helmet. (Chin straps are not required but recommended)
- NO coaches will be allowed on the field of play except for the 1<sup>st</sup> base and 3<sup>rd</sup> base coach.
- The designated pitching coach in the Modified Team Play Division will pitch only – no coaching allowed from this position while on the field of play.