

CAMP INSPIRE
SELF-HELP BEHAVIOR CHECKLIST

Please complete the following by checking all boxes that apply to the camper's skills and add any necessary notes in the comment section.

Section

Meal time

| Behavior | Yes | No | Comments |
|-------------------------------|-----|----|----------|
| Can drink from a cup or glass | | | |
| Can eat with spoon or fork | | | |
| Can cut food with knife | | | |
| Will use a napkin | | | |
| Can pour liquids into a cup | | | |
| Will eat neatly and slowly | | | |
| Can open snack food bag | | | |
| Has basic table manners | | | |

Dressing

| | | | |
|---------------------------|--|--|--|
| Can put on pants | | | |
| Can put on shirt | | | |
| Can button up shirt/pants | | | |
| Can tie shoe laces | | | |
| Can put on underwear | | | |
| Can put on socks | | | |
| Can put on belt | | | |

Hygiene

| | | | |
|--------------------------------|--|--|--|
| Can wash hands | | | |
| Can shower entire body | | | |
| Can wash and rinse hair | | | |
| Uses toilet paper | | | |
| Flushes toilet when through | | | |
| Goes to bathroom independently | | | |
| Uses deodorant | | | |
| Brushes teeth | | | |

Social

| | | | |
|-------------------------------------|--|--|--|
| Can name various emotions | | | |
| Demonstrates humor | | | |
| Aware of others needs | | | |
| May be hurtful to self | | | |
| May be hurtful to others | | | |
| May be destructive to property | | | |
| May display disruptive behavior | | | |
| Cooperative | | | |
| Will take turns | | | |
| Will follow directions of counselor | | | |
| Will play sports | | | |
| Can swim | | | |
| Afraid of water | | | |
| May wander off | | | |

What type of classroom placement is the camper in at school? (i.e. self-contained)