

CAMP INSPIRE
SELF-HELP BEHAVIOR CHECKLIST

Please complete the following by checking all boxes that apply to the camper's skills and add any necessary notes in the comment section.

Section

Meal time

Behavior	Yes	No	Comments
Can drink from a cup or glass			
Can eat with spoon or fork			
Can cut food with knife			
Will use a napkin			
Can pour liquids into a cup			
Will eat neatly and slowly			
Can open snack food bag			
Has basic table manners			

Dressing

Can put on pants			
Can put on shirt			
Can button up shirt/pants			
Can tie shoe laces			
Can put on underwear			
Can put on socks			
Can put on belt			

Hygiene

Can wash hands			
Can shower entire body			
Can wash and rinse hair			
Uses toilet paper			
Flushes toilet when through			
Goes to bathroom independently			
Uses deodorant			
Brushes teeth			

Social

Can name various emotions			
Demonstrates humor			
Aware of others needs			
May be hurtful to self			
May be hurtful to others			
May be destructive to property			
May display disruptive behavior			
Cooperative			
Will take turns			
Will follow directions of counselor			
Will play sports			
Can swim			
Afraid of water			
May wander off			

What type of classroom placement is the camper in at school? (i.e. self-contained)