



2026 Summer Games Volunteer Virtual Trainings

| Role/ Area | Training Date | Time | Platform | Join Training | Rules |
|--|------------------------|--------------------|----------|------------------------------|---|
| Opening Ceremony | Thursday, May 14, 2026 | 8:30 am-8:55 am | Teams | Join Meeting | |
| Athletics (Track and Field) | Thursday, May 14, 2026 | 9:00 am- 9:55 am | Teams | Join Meeting | Athletic Rules |
| Soccer and Soccer Skills | Thursday, May 14, 2026 | 10 am- 10:55 am | Teams | Join Meeting | Football (Soccer) Rules |
| Flag Football and Flag Football Skills | Thursday, May 14, 2026 | 11:00 am- 11:55 am | Teams | Join Meeting | Flag Football Rules |
| Gymnastics | Thursday, May 14, 2026 | 1:00 pm-1:55 pm | Teams | Join Meeting | Rhythmic Gymnastics Rules |
| Cheerleading | Thursday, May 14, 2026 | 2:00 pm- 2:55 pm | Teams | Join Meeting | Cheer Rules |
| Awards Captain | Thursday, May 14, 2026 | 3:00 pm- 3:55 pm | Teams | Join Meeting | |
| Olympic Town | Friday, May 15, 2026 | 8:30 am- 8:55 am | Teams | Join Meeting | |
| Swimming | Friday, May 15, 2026 | 9:00 am- 9:55 am | Teams | Join Meeting | Swimming Rules |
| Tennis | Friday, May 15, 2026 | 10:00 am- 10:55 am | Teams | Join Meeting | Tennis Rules |
| Volleyball | Friday, May 15, 2026 | 11:00- 11:55 am | Teams | Join Meeting | Volleyball Rules |
| Table Tennis | Friday, May 15, 2026 | 1:00 pm- 1:55 pm | Teams | Join Meeting | Table Tennis Rules |
| Volunteer Coordinators | Friday, May 15, 2026 | 2:00-2:30 pm | Teams | Join Meeting | |
| Meals | Training on site | | | | |

Under “Role/Area” click on the word to find the volunteer role descriptions.