



2026 Summer Games Volunteer Virtual Trainings

Role/ Area	Training Date	Time	Platform	Join Training	Rules
Opening Ceremony	Thursday, May 14, 2026	8:30 am-8:55 am	Teams	Join Meeting	
Athletics (Track and Field)	Thursday, May 14, 2026	9:00 am- 9:55 am	Teams	Join Meeting	Athletic Rules
Soccer and Soccer Skills	Thursday, May 14, 2026	10 am- 10:55 am	Teams	Join Meeting	Football (Soccer) Rules
Flag Football	Thursday, May 14, 2026	11:00 am- 11:55 am	Teams	Join Meeting	Flag Football Rules
Gymnastics	Thursday, May 14, 2026	1:00 pm-1:55 pm	Teams	Join Meeting	Rhythmic Gymnastics Rules
Cheerleading	Thursday, May 14, 2026	2:00 pm- 2:55 pm	Teams	Join Meeting	Cheer Rules
Awards Captain	Thursday, May 14, 2026	3:00 pm- 3:55 pm	Teams	Join Meeting	
Olympic Town	Friday, May 15, 2026	8:30 am- 8:55 am	Teams	Join Meeting	
Swimming	Friday, May 15, 2026	9:00 am- 9:55 am	Teams	Join Meeting	Swimming Rules
Tennis	Friday, May 15, 2026	10:00 am- 10:55 am	Teams	Join Meeting	Tennis Rules
Volleyball	Friday, May 15, 2026	11:00- 11:55 am	Teams	Join Meeting	Volleyball Rules
Table Tennis	Friday, May 15, 2026	1:00 pm- 1:55 pm	Teams	Join Meeting	Table Tennis Rules
Volunteer Coordinators	Friday, May 15, 2026	2:00-2:30 pm	Teams	Join Meeting	
Meals	Training on site				

Under “Role/Area” click on the word to find the volunteer role descriptions.