



2021 State Horse Show – Participant Code of Conduct

In consideration of participating in the Special Olympics Georgia 2021 State Horse Show, I acknowledge & agree to the following:

- ☐ I confirm that I do not have symptoms of COVID-19 and have not been in contact with anyone that has tested positive for COVID-19 symptoms in past 14 days (cough, shortness of breath, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell)
- ☐ If I have COVID-19 symptoms, I will stay at home and NOT go to any activities until 8 days after all of my symptoms are over. If I am exposed to COVID-19 and have no symptoms, I can return 14 days after exposure.
- ☐ If I get or have had COVID, I will not go to any in-person Special Olympics Georgia trainings, gatherings, or events until 8 days after my symptoms end. I will go to my doctor and get written clearance before returning to any sport or fitness activities.
- ☐ I will have my temperature checked prior to leaving home to attend the State Horse Show
- ☐ I will have my temperature checked daily upon arrival at Wills Park Equestrian Center. If a fever exists, I will immediately depart to go home, this will include the entire delegation.
- ☐ Special Olympics Georgia educated me on Special Olympics rules for COVID-19 and who is at high risk.
- ☐ I know that if I have a high-risk condition, I have more risk that I could get sick or die from COVID-19. If I have a high-risk condition, I should not go to Special Olympics Georgia events in person, until there is little or no Coronavirus in my community and no state restrictions in effect.
- ☐ I will follow social distancing guidelines and keep at least 6 feet from all participants at all times. This includes bathrooms, barns, mounting on horses, picking up food or snacks, Healthy Athletes, seating in stands. I will not engage in hugging, hand shaking, or high fives.
- ☐ I will wear a mask (not provided by SOGA, BRING OWN MASK) and gloves (provided by SOGA) at all times while at Special Olympics Georgia activities. I may not have to wear it during active exercise, warmups, or competing in the Arena.
- ☐ I will wash my hands for 20 seconds or use hand sanitizer before any activities. I will wash my hands any time I sneeze, cough, go to the bathroom or get my hands dirty.
- ☐ I will avoid touching my face. I will cover my mouth when I cough or sneeze and immediately wash my hands after.

- ☐ I will not share drinking bottles, utensils, or towels with other people.
- ☐ I understand that no spectators are allowed. This includes, parents, guardians, family, friends, or anyone planning to attend to watch competition, that is not a registered delegate.
- ☐ I will only share equipment when instructed to. If equipment must be shared, I will only touch the equipment if it is disinfected first. If tack must be shared, the appropriate cleaning supplies must be used to wipe down before the next athlete uses for competition or warmups.
- ☐ I agree to contactless pickups. Special Olympics Georgia will provide certain materials, HOD packets, class schedules, water, etc. and understand that there will be no direct contact in picking up these items.
- ☐ I will only enter, leave, or move around the barns in the designated areas that my agency is assigned. I will continue practicing social distancing while in the barn area.
- ☐ I will abide by Special Olympics Georgia's housing policy. Only the same gender will be allowed in each room. 1 person assigned to a king room, and 2 persons assigned to a double/double or king with pullout. I will abide by the 10pm curfew.
- ☐ I understand that if I do not follow all of these rules, I will not be allowed to participate in Special Olympics Georgia activities during this time.
- ☐ I understand that any medical services needed for sickness or illness while participating at any Special Olympics Georgia event will not be covered by the Special Olympics Georgia insurance carrier, but instead will be covered by the insurance provider of the individual participant.

I hereby fully understand and accept responsibility and will adhere to all policies set forth by Special Olympics Georgia.

Participant Name (Printed)

Participant Signature: _____ Date: _____

Participant Role (circle one): Athlete Coach Horse Handler Volunteer

Parent/Guardian Signature: (required if under 18 years old or has a legal guardian)
By signing, I agree to this form on my own behalf and on behalf of the Participant.

Parent/Guardian Name (Printed)

Parent/Guardian Signature: _____ Date: _____



Fact Sheet: Who is at High-Risk for COVID-19

Who is at higher risk of COVID-19?

COVID-19 is a new disease and information is changing on who is more likely to get COVID-19 and who is will have more complications. Based on currently available information and clinical expertise, people with intellectual and developmental disabilities may be at higher risk of severe illness resulting in death from COVID-19.

Current clinical guidance and information from the U.S. Centers for Disease Control and Prevention (CDC) and World Health Organization (WHO) lists those at high-risk for severe illness from COVID-19 as:

- People 65 years and older. Risk increases with age.
- People who live in a nursing home or licensed long-term care facilities

Regardless of age, individuals with underlying conditions, such as the following, are or maybe at increased risk of severe illness from COVID-19:

- People with chronic lung disease, chronic obstructive pulmonary disease or moderate to severe asthma
- People who have serious heart conditions (including heart failure, coronary artery disease, congenital heart disease, cardiomyopathy, hypertension)
- People who are immunocompromised
 - Many conditions can cause a person to be immunocompromised, including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications
- People with obesity (body mass index [BMI] of 30 or higher). To calculate BMI, refer to:
 - https://www.cdc.gov/healthyweight/assessing/bmi/adult_bmi/english_bmi_calculator/bmi_calculator.html
- People with diabetes (Type 1 and 2)
- People with chronic kidney disease
- People with liver disease
- People with dementia

The list may change as evidence is learned. Please review the latest list of conditions that put individuals at increased risk available at the [CDC website \(https://bit.ly/2VEJcSK\)](https://bit.ly/2VEJcSK)

If you are at a high risk, you may be putting yourself at risk when you return to activities with Special Olympics. But, you may also put your family and your teammates at risk. If you have these conditions, you should not return to Special Olympics in person activities until Phase 3.

If you have been diagnosed with COVID-19, you should consult with a healthcare professional for written medical clearance before returning to Special Olympics in person activities as serious cardiac, respiratory, and neurological issues may develop as a result of COVID-19.

SOGA's Guide for a Safe Time

Stay home if you feel sick



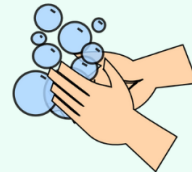
Wear your mask **AT ALL TIMES!**

Don't touch eyes, nose or mouth with unwashed hands



Cover your sneezes and coughs

Wash your hands frequently



Social Distance
6 Feet



No hugs or high-fives



Thank you!

